

QCVC Athlete Code of Conduct

As a member of the Queen City Volleyball Club (QCVC), you are expected to conduct yourself in a manner that demonstrates good sportsmanship and a respect for others at all times. It is essential that you support your fellow teammates, coaches and the Club to the best of your ability. Failure to adhere to these principles is grounds for discipline from your coach and/or the Club (see definition of discipline below). This decision will be made by the Executive members and the Coaches of the player and will be dealt with on a case-by-case basis.

As an athlete, you will be expected to adhere to the following standards of behavior throughout the volleyball season:

- Good sportsmanship is always the first priority.
- Demonstrate punctuality and diligence in both practices and games. In extreme situations, coaches have the right to bench players who are not attending to their reasonable expectations.
- Respect your fellow teammates and coaches. Do your best to support all team efforts.
- Understand your role on the team, as explained to you by your coaches, and execute that role to the best of your ability.
- Respect all officials, opposing athletes and coaches, and spectators and use only appropriate language.
- Abide by, and accept gracefully, the decisions of officials, no matter which team those decisions may favour.
- Understand that SMOKING, VAPING, ALCOHOL use and/or DRUG use will not be tolerated while participating in volleyball. Drug use includes (but not limited to) marijuana, any non-medical use of drugs or performance-enhancing drugs or methods.
- Understand that while representing QCVC during competitions, practices, tournaments, overnight trips, training camps, etc, that SMOKING, VAPING, use of ALCOHOL and/or DRUGS will be strictly prohibited (regardless if you are considered to be of legal age). Drug use includes (but not limited to) marijuana, any non-medical use of drugs or performance-enhancing drugs). Any use will be subject to discipline (see definition of Discipline below).
- Understand that if I am found in the presence of such substances (as mentioned in the previous 2 points) being used by other youth, I will be found equally at fault and discipline action can occur.
- Understand that a doctors or physiotherapists may be required after injury. If this is not provided when requested, coaches can keep you out of practices and games.
- Demonstrate appreciation for, and applaud, good play and never make derogatory remarks about officials, coaches or other athletes on any team.

